

INTRODUCTION TO THE FREEDOM PROGRAMME, COERCIVE CONTROL AND THE EFFECTS OF DOMESTIC ABUSE ON CHILDREN Cost

£150.00 plus VAT per person. Available in-house for 20 or more trainees

CPD Certified for 5 hours

Aims

- To provide information about the content and form of the Freedom Programme
- To enable trainees to understand how the Home Study Course can be used one to one with their service users.
- Trainees should also be in a position to make informed referrals to local Freedom Programmes and to be able to provide information about it to their service users.

Information about the Freedom Programme

The Freedom Programme is a domestic violence programme which was created by Pat Craven and evolved from her work with perpetrators of domestic violence.

The Programme was primarily designed for women as victims of domestic violence, since research shows that in the vast majority of cases of serious abuse are male on female. However, the programme, when provided as an intensive two day course, is also suitable for men, whether abusive and wishing to change their attitudes and behaviour or victims of domestic abuse themselves.

The Freedom Programme examines the roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors. The aim is to help them to make sense of and understand what has happened to them, instead of the whole experience just feeling like a horrible mess.

The Freedom Programme also describes in detail how children are affected by being exposed to this kind of abuse and very importantly how their lives are improved when the abuse is removed.

Content

Introduction to the Freedom Programme (90 minutes)

This is Session One of the Freedom Programme: 'The Dominator'.

All trainees must be given a copy of 'Living with the Dominator' and the 'Home Study Course'.

Introduction to Emotional Abuse and Coercive Control (90 minutes)

This is session 5 of the Freedom Programme: 'The Headworker'.

Trainees use the question sheets in the Home Study Course to study this aspect of abusive and controlling behaviour. They will then have the understanding to use them one to one with their service users.

The Effects on Children (90minutes)

This is Session Four of the Freedom Programme. All trainees must be given a copy of 'Freedom's Flowers', a book which is based upon this session. This training and the book will provide information essential to good practice to anyone whose work brings them in contact with children. Trainees must be told that they can also buy the books from Amazon or directly from me at a discount price.

Plenary Q &A (30 minutes)